







What are your contents worth?

Did you know? The average value of contents in a three bedroom family home is estimated at £55,000¹.

Go through every room - including the loft, garage, cellar and shed - and write down the cost to replace every item.

Kitchen 	The rest of the house 	Living room 
Furniture £	Cabinets and shelves £	Sofas and chairs £
Fridge freezer £	Soft furnishings £	Furniture £
Oven £	Phones £	TV, computers and laptops £
Washing machine £	Tables £	Stereos & speakers £
Tumble dryer £	MP3 players £	Games consoles £
Microwave £	Handheld games consoles £	DVDs, video games and books £
Kettle and toaster £	E-readers £	Digital downloads inc. music £
Coffee machine £	Cameras £	Carpets and curtains £
Blender £	Sat Navs £	Soft furnishings £
Pots, pans and utensils £	Printers £	Pictures and art £
Pictures, mirrors, ornaments £	Toys £	Mirrors and ornaments £
Other £	Other £	Other £
Total £	Total £	Total £

Bedrooms 	Dining room 	Outdoors 
Furniture £	Furniture £	Patio set £
TVs £	Carpets and curtains £	Gardening equipment £
Shoes and clothes £	Soft furnishings £	Tools £
Jewellery and watches £	Pictures and art £	Bikes £
Carpets and curtains £	Mirrors and ornaments £	BBQ £
Soft furnishings £	Other £	Other £
Pictures and art £	Total £	Total £
Mirrors and ornaments £		
Accessories £		
Other £		



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¹<https://www.abi.org.uk/products-and-issues/choosing-the-right-insurance/home-insurance/>